

Printable Newborn Care Checklist for New Parents

Your Progress

0 of 24 items

**Diapering Essentials**

- Diapers – Newborn & Size 1
- Baby Wipes – Fragrance-free
- Changing Pad
- Diaper Cream – Zinc oxide based

**Feeding Supplies**

- Bottles – Anti-colic recommended
- Formula – If not breastfeeding
- Burp Cloths
- Nursing Pillow

**Safe Sleep Setup**

- Crib or Bassinet – CPSC certified
- Fitted Sheets – Snug fit only
- Swaddle Blankets
- Baby Monitor

**Health & Grooming**

- Thermometer – Digital rectal
- Baby Nail Clippers
- Baby Bath Supplies
- Infant First Aid Kit

**Clothing Essentials**

- Onesies – Short & long sleeve
- Sleepers / Footie Pajamas
- Socks & Mittens
- Hats – Warm & sun protection

**Travel & On-the-Go**

- Infant Car Seat – Rear-facing
- Stroller
- Diaper Bag – With compartments
- Portable Changing Mat



My Notes



"Be prepared for your baby's arrival!"

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Your Complete Newborn Prep Guide