

YOUR COMPLETE GUIDE

# Printable Newborn Care Checklist for New Parents

Your Progress

0 of 24 items



## Diapering Essentials

- ☐ Diapers – Newborn & Size 1
- ☐ Baby Wipes – Fragrance-free
- ☐ Changing Pad
- ☐ Diaper Cream – Zinc oxide based



## Feeding Supplies

- ☐ Bottles – Anti-colic recommended
- ☐ Formula – If not breastfeeding
- ☐ Burp Cloths
- ☐ Nursing Pillow



## Safe Sleep Setup

- ☐ Crib or Bassinet – CPSC certified
- ☐ Fitted Sheets – Snug fit only
- ☐ Swaddle Blankets
- ☐ Baby Monitor



## Health & Grooming

- ☐ Thermometer – Digital rectal
- ☐ Baby Nail Clippers
- ☐ Baby Bath Supplies
- ☐ Infant First Aid Kit



## Clothing Essentials

- ☐ Onesies – Short & long sleeve
- ☐ Sleepers / Footie Pajamas
- ☐ Socks & Mittens
- ☐ Hats – Warm & sun protection



## Travel & On-the-Go

- ☐ Infant Car Seat – Rear-facing
- ☐ Stroller
- ☐ Diaper Bag – With compartments
- ☐ Portable Changing Mat



### My Notes

☐

-----

☐

-----

☐

-----

☐

-----

☐

-----

☐

-----

*"Be prepared for your baby's arrival!"*

© MegaMomLife.com

Your Complete Newborn Prep Guide